

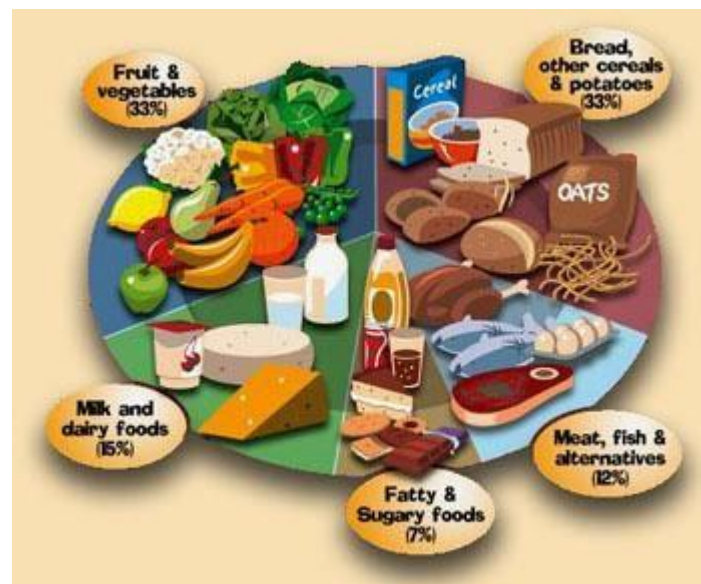


Dear Parents,

The past few weeks were so enriching as children got to know more about healthy and unhealthy food and explore the taste and the smell of certain fruits and vegetables.

Many exciting activities helped them learn about how to make bread, how to prepare fruit and green salad. Children even learned how and where fruits and vegetables grow.

They also got acquainted with food groups.



تناول محور الفاكهة  
والخضار من خلال قصص حول الطعام الصحي التعرّف الى انواع الخضار والفاكهة و شكل المثلث والى  
الالوان: احمر-اصفر -أخضر

# VEGETABLES



spinach



fennel



cauliflower



cabbage



broccoli



artichoke



celery



peas



beans



horseradish



asparagus



chick peas



corn



leek



lettuce



eggplant (AM)  
aubergine (BE)



green beans



carrot



mushroom



beetroot



squash



cucumber



potato



garlic



onion



radish



tomato



marrow



bell pepper (AE)  
sweet pepper (BE)



hot pepper

# FRUITS



In science, children discovered the difference between



Salty



Sweet

They also did sorting activities related to three groups:



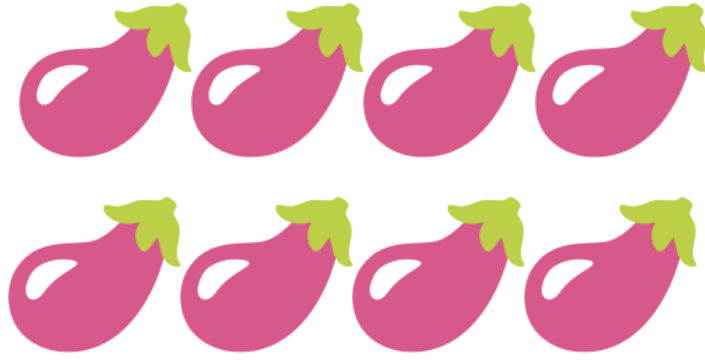
Milk products  
Vegetables

Bread and Cereals

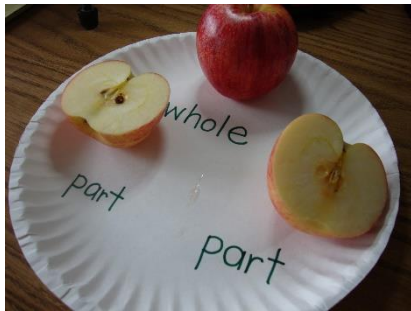
Fruits and

In Math, Children reviewed 1 to 7 and learned number 8 by counting fruits or vegetables:

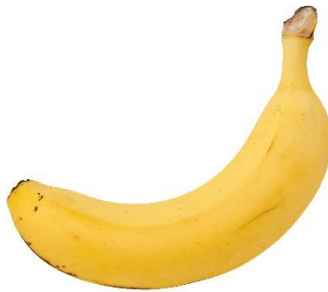




The new concepts introduced this month were:

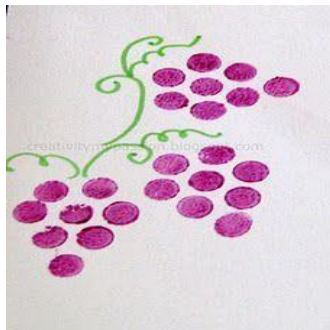


whole/ part



elongated/ rounded

In Art, they printed purple circles using the water bottle caps to create grapes.



And most of them created the fruit and vegetable basket out of paper plates.



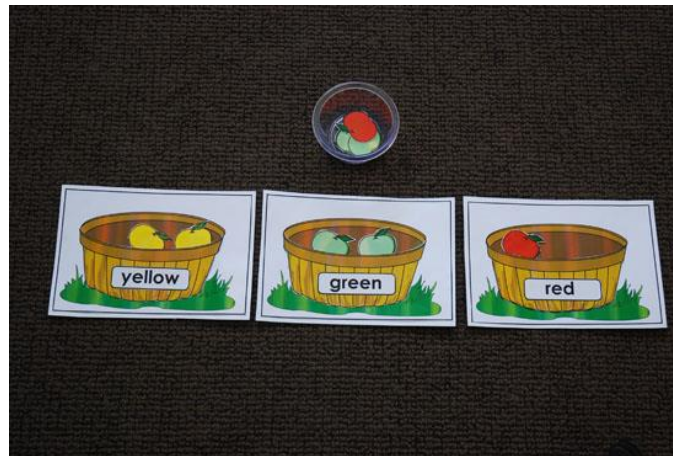
Montessori activities allowed kids to practice:



Bread crumbs



## Color mixing



## Color sorting



## Color box



## Botany shelf



The next theme is about Transportation where children will get to recognize and learn different types of the transportation,

